Sample report. These numbers are an example, not a real patient.

BP AI

Personal blood pressure log. Photograph a cuff display or type the numbers — private, on this iPhone.

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Blood Pressure Report

Oct 6, 2026 – Oct 19, 2026 (last 14 days) · 28 readings · generated Nov 1, 2026 with BP AI

SUMMARY

AVERAGE	SYSTOLIC RANGE	DIASTOLIC RANGE	AVERAGE PULSE
126/81	**116–142**	**73–90**	**70**
Stage 1	mmHg	mmHg	bpm

MORNING VS EVENING

AM AVERAGE (BEFORE 12:00)	PM AVERAGE (AFTER 12:00)	MORNING SURGE (AM–PM SYSTOLIC)
128/82	**124/79**	**+4**
14 readings	14 readings	mmHg

CATEGORY DISTRIBUTION

● Normal **4** ● Elevated **9** ● Stage 1 **14** ● Stage 2 **1**

ALL READINGS

DATE	TIME	SYS	DIA	PULSE	CATEGORY	ENTRY	CONTEXT
Oct 6, 2026	7:12 AM	**128**	**82**	72	● Stage 1	Manual	Caffeine
Oct 6, 2026	7:40 PM	**122**	**78**	68	● Elevated	Scan	
Oct 7, 2026	7:08 AM	**134**	**86**	74	● Stage 1	Manual	Meds taken
Oct 7, 2026	8:05 PM	**126**	**80**	70	● Stage 1	Scan	
Oct 8, 2026	6:55 AM	**118**	**76**	66	● Normal	Manual	
Oct 8, 2026	7:22 PM	**124**	**79**	71	● Elevated	Scan	
Oct 9, 2026	7:05 AM	**142**	**90**	78	● Stage 2	Manual	Stressed, Poor sleep — felt tense
Oct 9, 2026	7:48 PM	**130**	**84**	73	● Stage 1	Scan	
Oct 10, 2026	7:18 AM	**121**	**77**	69	● Elevated	Manual	
Oct 10, 2026	8:11 PM	**119**	**74**	67	● Normal	Scan	
Oct 11, 2026	7:02 AM	**136**	**88**	76	● Stage 1	Manual	
Oct 11, 2026	7:36 PM	**128**	**82**	72	● Stage 1	Scan	Headache
Oct 12, 2026	7:14 AM	**125**	**80**	70	● Stage 1	Manual	

DATE	TIME	SYS	DIA	PULSE	CATEGORY	ENTRY	CONTEXT
Oct 12, 2026	7:55 PM	**123**	**78**	68	Elevated	Scan	
Oct 13, 2026	6:58 AM	**131**	**85**	74	Stage 1	Manual	
Oct 13, 2026	8:02 PM	**127**	**81**	71	Stage 1	Scan	
Oct 14, 2026	7:20 AM	**116**	**73**	64	Normal	Manual	
Oct 14, 2026	7:30 PM	**120**	**76**	66	Elevated	Scan	
Oct 15, 2026	7:06 AM	**138**	**89**	77	Stage 1	Manual	Exercised
Oct 15, 2026	7:44 PM	**129**	**83**	72	Stage 1	Scan	
Oct 16, 2026	7:11 AM	**124**	**79**	69	Elevated	Manual	
Oct 16, 2026	8:08 PM	**122**	**77**	68	Elevated	Scan	
Oct 17, 2026	7:00 AM	**133**	**86**	75	Stage 1	Manual	Meds taken
Oct 17, 2026	7:50 PM	**126**	**80**	70	Stage 1	Scan	
Oct 18, 2026	7:16 AM	**119**	**75**	65	Normal	Manual	
Oct 18, 2026	7:28 PM	**121**	**76**	67	Elevated	Scan	
Oct 19, 2026	7:04 AM	**129**	**83**	72	Stage 1	Manual	
Oct 19, 2026	7:41 PM	**124**	**78**	69	Elevated	Scan	

Scan the code or open apps.apple.com/app/id6803950253. Categories follow American Heart Association adult blood pressure categories (Understanding Blood Pressure Readings, https://www.heart.org/en/health-topics/high-blood-pressure/understanding-blood-pressure-readings) and the 2025 AHA/ACC Guideline (Jones et al., Hypertension 2025; https://www.ahajournals.org/doi/10.1161/HYP.0000000000000249). Home readings recorded with the patient's own monitor; values entered via camera scan were confirmed by the patient. This report is for informational purposes and is not a medical diagnosis.